



# 2010

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

<p>1</p> <p>11:00 – Church Service 12:00 – Sunday Family Brunch 2:00 – Local Author Book Reading 7:00 – Something to Sing About</p>	<p>2</p> <p>10:00 – Intro to Tai Chi 1:00 – Out &amp; About: Forest Hill Village 3:00 – The Classics Book Club 7:30 – Night at the Movies</p>	<p>3</p> <p>10:00 – Intro to Yoga 2:00 – Mind Games 4:00 – Does Not Compute (Computer Class) 7:00 – Duplicate Bridge 7:30 – Night at the Movies</p>	<p>4</p> <p>10:00 – Body Tune-up 1:00 – Outing: Bata Shoe Museum 7:00 – Social Bridge 7:30 – Night at the Movies</p>	<p>5</p> <p>10:00 – Aqua Fit 12:00 – Lunch Outing: Pickle Barrel 3:00 – Knitting Club 7:00 – Duplicate Bridge 7:30 – Night at the Movies</p>	<p>6</p> <p>10:00 – Stretch It Out 1:00 – Neighbourhood Walk 3:00 – Jeopardy 5:00 – That's Amore! Italian Night in DR 7:30 – Night at the Movies</p>	<p>7</p> <p>10:00 – Intro to Pilates 12:30 – Theatre Outing: The Jersey Boys 7:00 – Pub Night Trivia 7:30 – Night At The Movies</p>
<p>8</p> <p>11:00 – Church Service 12:00 – Sunday Family Brunch 1:00 – Town &amp; Country Tour 7:00 – Something to Sing About</p>	<p>9</p> <p>10:00 – Intro to Meditation 1:00 – Intro to French 3:00 – Play &amp; Sway: Show tunes in Bistro 7:30 – Night at the Movies</p>	<p>10</p> <p>10:00 – Moving to the Oldies 1:00 – Crafts for the Uncrafty 4:00 – Does Not Compute 7:00 – Duplicate Bridge 7:30 – Night at the Movies</p>	<p>11</p> <p>10:00 – Body Tune-up 11:00 – Creative Writing Class 1:00 – Outing: ROM 7:00 – Social Bridge 7:30 – Night at the Movies</p>	<p>12</p> <p>10:00 – Intro To Yoga 12:00 – Ladies Who Lunch 1:00 – Bingo 7:00 – Duplicate Bridge 7:30 – Night at the Movies</p>	<p>13</p> <p>10:00 – Stretch It Out 1:00 – Intro to Water Colours 5:00 – C'est Bon! French Night in DR 7:00 – Singles Pub Night 7:30 – Night at the Movies</p>	<p>14</p> <p>10:00 – Neighbourhood Walk 1:00 – Pet Therapy Visit 3:00 – Pub Outing: Fox &amp; Firkin 7:00 – Board Games 7:30 – Night at the Movies</p>
<p>15</p> <p>11:00 – Church Service 12:00 – Sunday Family Brunch 2:00 – Outing: Lecture Series at U of T 7:00 – Food Critics Club</p>	<p>16</p> <p>10:00 – Intro to Sit &amp; Be Fit 12:00 – Monthly Birthday Lunch 1:00 – Crafts for the Uncrafty 3:00 – Health &amp; Wellness Chat</p>	<p>17</p> <p>10:00 – Intro to Pole Walking 2:00 – Senior's Fashion Show 4:00 – Does Not Compute 7:00 – Duplicate Bridge 7:30 – Night at the Movies</p>	<p>18</p> <p>10:00 – Intro to the Fox Trot 1:00 – Outing: Symphony 7:00 – Social Bridge 7:30 – Night at the Movies</p>	<p>19</p> <p>10:00 – Aqua Fit 1:00 – Outing: Classic Cars Club 4:00 – Knitting Club 7:00 – Duplicate Bridge 7:30 – Night at the Movies</p>	<p>20</p> <p>10:00 – Surprise-ercise 2:00 – Children's Choir 5:00 – Ni Hao! Chinese Night in DR 7:00 – Men's Poker Night 7:30 – Night at the Movies</p>	<p>21</p> <p>10:00 – Intro to Yoga 2:00 – Cooking Demo: Easy Squares 4:00 – Shuffleboard 6:00 – Dinner Outing: Grano's 7:30 – Night at the Movies</p>
<p>22</p> <p>11:00 – Church Service 12:00 – Sunday Family Brunch 1:00 – Fit To Print: Writing Club 7:00 – Something to Sing About</p>	<p>23</p> <p>10:00 – Balance Exercises 2:00 – Outing: the AGO 4:00 – Play &amp; Sway: Jazz Trio in Bistro 7:00 – Mah Jong 7:30 – Night at the Movies</p>	<p>24</p> <p>10:00 – Get Your Hips Into It 1:00 – History of Toronto Talk 4:00 – Does Not Compute 7:00 – Duplicate Bridge 7:30 – Night at the Movies</p>	<p>25</p> <p>10:00 – Intro to Tai Chi 1:00 – Out &amp; About: Yorkville 3:00 – Current Events Open Forum 7:00 – Social Bridge 7:30 – Night at the Movies</p>	<p>26</p> <p>10:00 – Sit &amp; Be Fit 12:00 – Ladies Who Lunch 3:00 – Scrabble 7:00 – Duplicate Bridge 7:30 – Night at the Movies</p>	<p>27</p> <p>10:00 – Intro to Zen Breathing 1:00 – Outing: Allan Gardens 5:00 – Opa! Greek Night in DR 7:00 – Croquinoles</p>	<p>28</p> <p>10:00 – Stretch It Out 2:00 – British Tea Party 3:00 – Bingo 7:00 – Pub Night 7:30 – Night at the Movies</p>
<p>29</p> <p>11:00 – Church Service 12:00 – Sunday Family Brunch 1:00 – Mind Games 7:00 – Something to Sing About</p>	<p>30</p> <p>10:00 – Aqua Fit 12:00 – Lunch Outing: Spring Rolls 3:00 – Intro to Wine Tasting 7:00 – Trivial Pursuit 7:30 – Night at the Movies</p>					

This is just a sample calendar representing some of the activities that residents may be interested in. Programming is flexible to residents' requests and suggestions.